



CROWBOROUGH
SINCE 1982

The
R **SE**
of **BENGAL**
FINE INDIAN CUISINE

Takeaway Menu

Freshly prepared.
Ready to share.



Starters

A little something to start your meal.

- | | | |
|----|--|---|
| 01 | Papadom
Crisp Indian wafer. | £0.85 |
| 02 | Spiced Papadom
Spiced Indian crisp. | £0.85 |
| 03 | Onion Bhajee (2 pieces)
Lightly spiced onion fritters. |  £3.95 |
| 04 | Meat or Vegetable Samosa (2 pieces)
Choose a meat or vegetable filling. | £4.45 |
| 05 | Chicken or Lamb Tikka | £5.95 / £6.95 |
| 06 | Sheek Kabab Gilafi (Lamb)
Clay-oven kebab with minced lamb, coriander, herbs and spices. | £5.95 |
| 07 | Maysoor Chilli Chicken
Shredded chicken, chilli, tomato, onion, cucumber and South Indian spices. |  £6.95 |
| 08 | Mixed Starter
Chicken, lamb and duck tikka with sheek kebab, onion bhajee and salad. | £8.95 |
| 09 | Tandoori Chicken (Quarter)
Marinated in yoghurt, herbs and spices. | £5.95 |
| 10 | Chicken Chat
Small pieces of spiced chicken. |  £5.95 |
| 11 | Bombay Aloo Chat
Potato in a sweet, hot and tangy sauce. |  £4.45 |
| 12 | Prawn Puri
Tangy prawn curry in puri bread. |  £7.45 |
| 13 | King Prawn Puri
Tangy king prawn curry in puri bread. |  £8.95 |
| 14 | Maysoor Chilli King Prawn
Tiger prawn, onion, green chilli, tomato, lemon and South Indian spices. |  £8.95 |
| 15 | Fish Amritsari
Deep-fried fish marinated in the chef's spices. |  £6.45 |
| 16 | Duck Tikka
Marinated in tandoori spices and cooked in the tandoor. | £6.95 |
| 17 | Nazakat
Chicken or lamb, tandoor-grilled with a garlic glaze. |  £7.45 |
| 18 | Golda Sukka
King prawn, onion, peppers and chillies in sweet, hot, tangy tamarind sauce. |  £8.95 |

*Flavours
from the Heart of Bengal*



Tandoor & Grill

Mains marinated with herbs and spices, cooked in the tandoor.

- 19 **Tandoori Chicken** £10.95
Chicken on the bone with yoghurt, herbs and spices.
- 20 **Chicken Tikka** £10.95
Boneless chicken skewers in mildly spiced yoghurt.
- 21 **Lamb Tikka** £11.95
Boneless lamb skewers in mildly spiced yoghurt.
- 22 **Chicken or Lamb Shaslik** £12.95 / £13.95
Chicken or lamb skewers with onion, peppers and tomatoes.
- 23 **Maas Ka Soola** £12.95
Rajasthani-style lamb in a spicy garlic marinade.
- 24 **Tandoori Mixed Grill** £15.95
Chicken and lamb tikka, tandoori chicken and sheek kebab. Served with plain nan.
- 25 **King Prawn Kebab** £15.95
King prawns with garlic, tandoori spices and carom seeds.
- 26 **Duck Shaslik** £13.95
Duck skewers with onion, peppers and tomatoes.
- 27 **Mixed Shaslik** £16.95
Chicken, lamb and one king prawn with onion, peppers and tomatoes.
- 28 **Chingri-E-Bahar** 🌶️ £19.95
Tandoori king prawns, Goan masala, peppers, tomato, onion, green chilli and pineapple.

Balti Specialities

Includes plain nan. Wok-cooked with herbs and spices.

- 29 **Vegetable Balti** 🌶️ 🌱 £11.95
- 30 **Balti Bengal Chicken or Lamb** 🌶️ £13.95
- 31 **Balti Chilli Chicken Masala** 🌶️ 🌶️ £13.95
- 32 **Garlic Chilli Chicken Balti** 🌶️ 🌶️ £13.95
- 33 **Chicken or Lamb Tikka Balti** 🌶️ £12.95 / £13.95
- 34 **Chicken or Lamb Balti** 🌶️ £12.95 / £13.95
- 35 **Prawn Balti** 🌶️ £13.95
- 36 **Tandoori King Prawn Balti** 🌶️ £16.95
- 37 **King Prawn Balti** 🌶️ £15.95

Balti Chilli Chicken Masala contains coconut.

TRADITIONAL RECIPES

FRESH INGREDIENTS • EXCEPTIONAL TASTE

House Specialities

Choose your dish and your main ingredient.
These prices apply to dishes 38-52.

Chicken Tikka	£11.95
Lamb Tikka or Duck Tikka	£12.95
Prawn	£13.95
King Prawn	£14.95
Tandoori King Prawn	£15.95

MILD & CREAMY

- 38 **Makhani**  
- Sweet cream sauce with garlic, tomato and cashews.
- 39 **Lazeez Korma**  
- Mild, silky cashew sauce with aromatic spices.
- 40 **Amere** 
- Mango, onion, garlic, coriander, spices, coconut and fresh cream.
- 41 **Exotica** 
- Rich mango sauce with coconut.
- 42 **Masala** 
- Specially prepared masala sauce.
- 43 **Pasanda** 
- Cream and coconut-based sauce.

AROMATIC & SPICY

- 44 **Lahori Korai** 
- Spicy Lahori sauce with onions and peppers.
- 45 **Xacuti** 
- Roasted coconut, star anise, mustard and coriander sauce.
- 46 **Garlic** 
- Garlic, tomato, herbs and spices.
- 47 **Chettinad**  
- Ground coconut, curry leaves, star anise, mustard and coriander.
- 48 **Rajothi**  
- Bhuna sauce with onion, peppers and green chilli, topped with mushrooms.
- 49 **Satkora**  
- Pickled satkora (Indian lime) in aromatic bhuna sauce.
- 50 **Sarse**  
- Ginger, onion, coriander and mustard seeds.
- 51 **Green Bengal**  
- Green pepper, mint, coriander, green chilli, spices and lime juice.
- 52 **Naga**   
- A very hot, medium-dry Naga chilli curry.

FISH & LAMB SIGNATURES

Individually priced.

- 53 **Hyderabadi Lamb Shank**  £16.95
- Traditional Hyderabadi-style lamb.
- 54 **Kashmiri Lamb Rogan Josh**  £12.95
- Lamb braised with Kashmiri spices and chilli.
- 55 **Goan Fish Curry**  £12.95
- Fish with Goan spices and coconut milk.
- 56 **Tawa Tilapia**  £13.95
- Fish seared with ginger and garlic.



Classic Curries

1 / CHOOSE YOUR MAIN INGREDIENT

Chicken	£10.45
Lamb	£11.45
Chicken Tikka	£11.45
Lamb Tikka	£11.95
Prawn	£12.95
King Prawn	£14.95
Tandoori King Prawn	£15.95

2 / CHOOSE YOUR CURRY STYLE

MILD & CREAMY

- 57 **Korma** 
Very mild coconut and cream sauce.

MEDIUM & SAVOURY

- 58 **Bhuna** 
Thick, fairly dry sauce with onions, herbs and spices.
- 59 **Dupiaza** 
Plenty of fresh onions, herbs and spices.
- 60 **Rogan** 
Tomatoes and onions fried in spiced oil.

HOT & FULL-FLAVOURED

- 61 **Bombay**  
Egg and potatoes in a hot, spicy sauce.
- 62 **Madras**  
Rich, hot and spicy sauce.
- 63 **Jalfrezi**  
Ginger, garlic, fried onions, green chillies and peppers.
- 64 **Dhansak**  
Hot, sweet and sour sauce with lentils and herbs.
- 65 **Pathia**  
Hot, sweet and sour sauce.

VERY HOT

- 66 **Vindaloo**   
Potatoes in a richly spiced, very hot sauce.

Biriyanis

Served with vegetable sauce. Contains raisins.

- 67 **Chicken or Lamb Biriyani**  £11.95 / £12.95
- 68 **Chicken or Lamb Tikka Biriyani**  £12.95 / £13.95
- 69 **Prawn Biriyani**  £13.95
- 70 **King Prawn Biriyani**  £14.95
- 71 **Vegetable Biriyani**   £10.95
- 72 **Mushroom Biriyani**   £10.95
- 73 **Rose of Bengal Biriyani Supreme**  £15.95
Meat, chicken and prawn.

Vegetable Dishes

Vegetarian sides.

All available as main courses for £9.95.

- | | | | |
|----|--|--------|-------|
| 74 | Chana Masala | V | £5.95 |
| | Spiced chickpeas. | | |
| 75 | Brinjal Bhajee | V | £5.95 |
| | Aubergine, tomato, onion, garlic and coriander in a medium-spiced sauce. | | |
| 76 | Dhingri Sag | V | £5.95 |
| | Mushrooms in creamed spinach with garlic and cumin. | | |
| 77 | Gobi | 🌶️ V | £5.95 |
| | Cauliflower with onions and sesame seeds. | | |
| 78 | Dubkiwale Aloo | 🌶️🌶️ V | £5.95 |
| | Potatoes with onion, tomato, cumin and chilli. | | |
| 79 | Mushroom Bhajee | V | £5.95 |
| | Mushrooms with onion, tomato and mixed spices. | | |
| 80 | Sag Bhajee | V | £5.95 |
| | Gently cooked spinach with onion and garlic. | | |
| 81 | Vegetable Curry | V | £5.95 |
| | Fresh mixed vegetables in a spicy sauce. | | |
| 82 | Sag Paneer | ● V | £6.95 |
| | Spinach, homemade cheese, onion, garlic and spices. | | |
| 83 | Garlic Mushroom | V | £5.95 |
| | Mushrooms, onion and coriander in spicy garlic sauce. | | |
| 84 | Okra Bhajee | V | £5.95 |
| | Fresh okra with mixed spices. | | |
| 85 | Sag Aloo | V | £5.95 |
| | Spinach and potatoes with herbs and spices. | | |
| 86 | Tarka Dall | V | £5.95 |
| | Lentils with fresh garlic and spices. | | |
| 87 | Subz Kaju Thoran | 🌶️ V N | £6.95 |
| | Vegetables, cashews, coconut, mustard seeds and chilli. | | |
| 88 | Onion Bhajee (4 pieces) | V | £5.95 |
| | Deep-fried onion fritters with gram flour, coriander and spices. | | |
| 89 | Aloo Gobi | 🌶️ V | £5.95 |
| | Potatoes and cauliflower with herbs and spices. | | |
| 90 | Bombay Potatoes | V | £5.95 |
| | Potatoes cooked with mixed spices. | | |

MENU SYMBOLS

Mild ● Medium 🌶️ Hot 🌶️🌶️ Very hot 🌶️🌶️🌶️

V Vegetarian N Contains cashews

No symbol? Please ask our staff about the spice level.

Rice & Extras

91	Plain Boiled Rice	£3.95
92	Pulao Rice Basmati rice.	£4.25
93	Lemon Rice With lemon, mustard seeds and curry leaves.	£4.95
94	Mushroom Fried Rice	£4.95
95	Special Fried Rice With egg and peas.	£4.95
96	Peas Pulao Rice	£4.95
97	Peshwari Rice With raisins, onion and coconut.	£4.95
98	Chilli Rice With fresh chilli and onion.	 £4.95
99	Raitha Choose cucumber or onion.	£2.95
100	Chutney and Pickle Per portion.	£0.75

Nan & Breads

101	Plain Nan Leavened bread cooked in a clay oven.	£3.75
102	Stuffed Nan Filled with mixed vegetables.	 £4.45
103	Garlic Nan With fresh garlic.	£4.45
104	Peshwari Nan Filled with sultanas and coconut.	£4.45
105	Lemon Nan With fresh lemon pieces.	£4.45
106	Keema Nan Filled with minced meat.	£4.45
107	Chapati Thin flatbread made with wheat flour.	£2.95
108	Paratha Layered, buttered bread.	£4.95
109	Cheese Nan	£5.95

ALLERGIES & INTOLERANCES

Some dishes may contain cereals containing gluten, milk, soya, eggs, fish, lupin, celery, peanuts, tree nuts, sesame, mustard, sulphites, molluscs and crustaceans.

Fish dishes may contain bones. **Please speak to a member of staff when ordering if you have an allergy.**

COLLECTION OFFER

10%
Discount

On all takeaway orders over £25,
collection only.

Not in conjunction with any other offers.

Home Delivery Available

Subject to availability, please check when ordering.
Delivery charge may apply.

01892 662 252
01892 653 183

Order online:

www.roseofbengal.uk



Opening Hours

Please check our website for current opening
hours.

2-3 Crowborough Hill,
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We also have extensive vegan and vegetarian
options, please enquire when ordering.

Thank you for your support

AUTHENTIC FLAVOURS
TIMELESS TRADITION